

EAST COAST GREENWAY MID-ATLANTIC REGION

Mid-Atlantic route: 400 miles

GREENWAY ON-ROAD
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FEATURED TRAIL SEGMENTS

For a complete list of trails, visit each state's page at greenway.org

New York

- 1 Mosholu-Pelham Greenway
- 2 Bronx River Greenway
- 3 Hudson River Greenway

New Jersey

- 4 Hudson River Waterfront Walkway
- 5 Middlesex Greenway
- 6 D&R Canal Trail

Pennsylvania

- 7 D&L Trail
- 8 Delaware River Trail
- 9 Schuylkill River Trail
- 10 John Heinz Refuge Trail

Delaware

- 11 Northern Delaware Greenway
- 12 Jack A. Markell Trail
- 13 James F. Hall Trail

Maryland

- 14 Torrey C. Brown Trail
- 15 Jones Falls Trail
- 16 B&A Trail
- 17 WB&A Trail

Washington DC

- 18 Anacostia River Trail
- 19 Metropolitan Branch Trail
- 20 National Mall





East Coast Greenway in the Mid-Atlantic Region



Schuylkill River Trail boardwalk in Philadelphia

East Coast Greenway in the Mid-Atlantic

Route map: New York, New Jersey,
Pennsylvania, Delaware,
Maryland and Washington D.C.



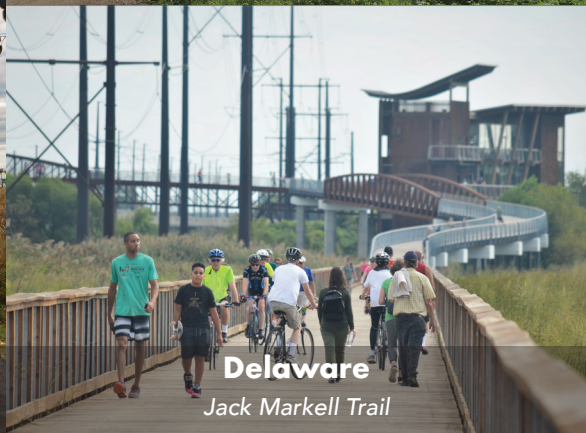
New York
Hudson River Greenway



New Jersey
D&R Canal Trail



Pennsylvania
Bartram's Garden



Delaware
Jack Markell Trail



Maryland
B&A Trail



Washington, D.C.
National Mall Path



Connecting people to place: About the East Coast Greenway

The East Coast Greenway is a walking and biking route stretching 3,000 miles from Maine to Florida, connecting our nation's most populated corridor. The East Coast Greenway is designed to transform the 15 states and 450 communities it connects through active and healthy lifestyles, sustainable transportation, community engagement, climate resilience, tourism, and more. The Greenway offers a safe place for bicyclists, walkers, runners, and more — of all ages and abilities — to commute, exercise, and explore new destinations.

The nonprofit East Coast Greenway Alliance leads the development of the trail network by working with partners from the local to federal level.



Learn more & join the East Coast Greenway:

greenway.org • info@greenway.org

Plan an outing:

map.greenway.org